



April 28, 29 & 30 Spring Festival of Awareness

at
**Naramata
BC**

22nd
Annual Celebration
Over 50 Workshops
Reiki & Holistic Healing House
Festival Store & More
Sunrise Meditations & Tai Chi
Opening & Closing Ceremonies
Networking Opportunities

Details inside
or visit us on the Web:
issuesmagazine.net

Register before March 22 ... and pay only \$125 plus GST for the weekend

Questions?
250.492.0039
Toll Free
1-800-756-9929

Registration details are on the last page of this upside down section.

We prefer cheques via the mail but accept Visa and Mastercard by phone.

Accommodation is on a first come, first serve basis so register early if you intend to stay on site, or phone the local motels; information on the registration form. **Meals** must be preordered by April 15. There are two restaurants nearby or you can cook in the cabins or picnic area. **The Juicy Carrot** will be serving light vegetarian foods, fresh juices and healthy snacks on site.

Please bring your own mug and save us from washing cups. The juice stations are open during the breaks each morning and afternoon.

There will be NO Children's Festival or provisions for children this year.

Friday on-site registration starts at 1:30 pm, Dinner at 5 pm, **Opening Ceremonies** at 7pm, followed by Introduction of Workshop Leaders and a closing Crystal Bowl meditation with Christina.

Sunrise Ceremonies start at 6:45 am with Tai Chi, Meditation and other happenings. Workshops start at 8:45 am Saturday and continues to 9 pm with breaks for lunch and dinner. Many workshops to choose from. The schedule is the same for Sunday except after lunch the workshop will be for 2 hours, then Closing Circles at 4 pm.

Afro-Jazz Dance Extravaganza on Saturday night 9:30-11pm with **DOMBA** • David Thiaw and friends.

The Festival Store has space to sell various crafts, crystals, jewellery and more. If you are a festival participant and want to sell items in the store please call Nywyn at 250.492.0039.

Healers, Readers and Bodyworkers who want to work at the Festival please phone 250.492-0039 or 1-888-756-9929. We offer a trade '*Give-a-day & Get-a-day*'.

The Healing House will be open for sign-ups Friday, 3 to 8 pm and reopens at 8 am Saturday. There will be a cover charge of \$8 for 1/2 hour and \$15 for 1 hour sessions. Healing House is open Saturday 10:30 am to 8:30 pm and Sunday 9 am to 3:30 pm. Joanne Cole will be the coordinator.

The Reiki House is open Saturday 11 am to 8 pm and Sunday 9:30 am to 3:30 pm. Reiki sessions are drop-in and by donation, Urmi and Loro will be organizing the Reiki practitioners. Call the above phone numbers if you wish to work in the Reiki or the Alternative Healing House. We are now accepting applications from bodyworkers and readers.



Your Spring Festival Crew

Starting at the top left is **Samarpan**, Registration Coordinator
Top centre is **Joanne Cole**, Healing House Organizer
On the right is **Marcel**, left **Angèle**, Overall Coordinators. Centred is **Laurel Burnham** - Mistress of Ceremonies & Director of Ambiance
next is **Urmi Sheldon**, Reiki and Healing House Supervisor
In front is **Nywyn**, the Store Manager

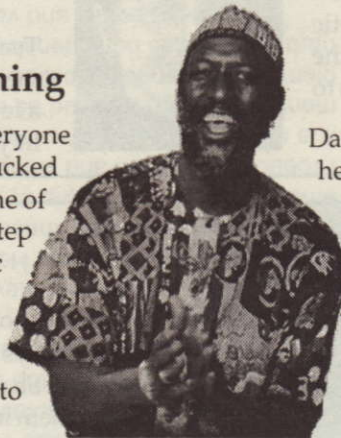
Workshops & Workshop Leaders

The workshop numbers correspond to the numbers on the overall schedule

Workshop # 01

African Movement & Drumming

Awaken the rhythmic spirit within you. Everyone can learn to play a drum, the information is tucked away inside. Bring your own drum or use one of David's. Beginners follow a fun step by step program which quickly develops rhythmic awareness as advanced drummers layer more complex patterns and learn to chant while drumming. Willie Rose will join David and teach African Dance to those who wish to move.



David Thiaw

Calgary • Phone: 403-270-7871

David is a percussionist of remarkable talent, he is also a singer, storyteller, composer, teacher, linguist, drum craftsman and leader of Domba, an Afro Jazz Group. David's drums and teaching cassettes are used in over 30 countries. David's talents as an educator are becoming widely known and utilized by Choral Societies, Choirs, Jazz Bands, Elementary and Junior High Schools.

Domba Afro-jazz Dance Extravaganza

Saturday 9:30 to 11 pm - David leads this eclectic variety of traditional African drums and instruments with saxophone, bass, keyboard and guitar for an evening of shaking and dancing - unregistered participants welcome, fee is \$10.

Workshop # 02

Energy Work

Come and explore the use of hands as an instrument to channel healing energy. Recognize imbalances in the various energy centres and learn how to rebalance them. Energy work can promote a renewed sense of self-awareness, aliveness and clarity as well as reducing stress and pain in the body and accelerate the healing process.



Margaret Carroll

Nelson • Phone: 250-352-1676

Margaret is a Shiatsu Practitioner, Listening Hands Therapist and Wholistic Counsellor. She teaches workshops on energy balancing, nutrition and relationship. Margaret's warm, compassionate presence encourages participants to move deeply into their essence to heal and transform old patterns and blocks.

Workshop # 03

Sustaining Passionate Relationship: The Open Heart Path with Margaret Carroll & Jon Scott

'Inside each man and woman there is a longing to be deeply seen, accepted and believed in.' Through this guided open heart communication and integrated breathwork, men and women will unveil deeper, more authentic communication with each other. This workshop is designed for individuals and couples.

Workshop # 04

MEN:

Sustaining Passionate Relationships

A workshop for men who want to explore the roots of their relationship dynamics with women. Men will explore the wounding that blocks passionate relationships and will learn to shed the armour that kills their spirit and capacity for intimacy. Through integrated breathwork men will access their emotional body and learn to make peace with the shadow side of life as a man.



Jon Scott

Nelson • Phone: 250-352-1691

Jon is an inspiring workshop facilitator with a passion, for men's work and the couple's journey, that springs forth from the heart of his own journey as a man. His warmth and passion for life have inspired hundreds of workshop participants to embark on their own healing journey.

Urmi Sheldon

Penticton • Phone: 250-497-8970

Urmi is a self-taught massage practitioner. Her understanding of the physical, energetic and emotional bodies enables her to see the practical and the potential. Her willingness to share will bring out the best in you.



Workshop # 05

Couples Massage: A Guide to Simple Pleasures

Techniques to enhance togetherness; from pain management to mutual celebration. Learn how a few minutes of sharing can ignite the intimacy in your relationship. For friends and lovers.

Sue Peters

Osoyoos • Phone: 250-495-2167

Sue has been a student of Hawaiian Huna for two years. She is also a Reiki and Seichem Master/Teacher, Pranic Healer, CranioSacral Therapist, Applied Kinesiologist, Jin Shin Do, Attunement and Emotional Release Therapist and Life Skills Coach.



Workshop # 06

Creating Space

This workshop is designed to open your energy valves and passageways into the flow of pure Joy! It is a collection of powerful Shamanic techniques that the old Masters used to take them into a pure state of being. You will learn to use an energy vortex to clear blocked passageways that hold emotional debris, to stop being a sloppy empath and to sing a medicine chant that calls in spirit - these are a few of the techniques offered. *Please bring a musical instrument.*

Dienna Raye

Nelson •
Phone: 250-352-1220

Dienna is a counselor/facilitator, she provides workshops and counselling in the area of sexuality, relationship and personal empowerment. Her passion lies in supporting people to create and experience sacred union in their intimate relationships as well as in connection with themselves.



Workshop # 07

Embracing The Body Beautiful for Women

Many women today long for a loving relationship with their bodies and a more fulfilling sexual experience. In this nurturing workshop we will use sharing, touch and ritual to shed the veils that keep us from seeing our bodies as the sacred, beautiful vessels they are in truth.

Workshop # 08

Sacred Intimacy

Many of us desire to experience the sacred in our intimate relationships and sexual experiences. This workshop invites men and women to participate in a ritual that will teach us to give and receive fully, learn conscious loving touch and honor the God and Goddess in each one of us.

Henry Dorst

Vancouver •
Phone: 604-731-1061

Henry Dorst is a Feng Shui practitioner, he teaches this art part-time for the Vancouver School Board and Langara College. He is an internationally known dowser and a national director of the Canadian Society of Questers. His ambition is to have dowsing and science work together for planetary alignment.



Workshop # 09

Dowsing: Aligning Our Choices with Great Potential

Discover that you are a dowser and that dowsing is your link to all things and how it can be used to align us with the great potential of self, marriage, family, community, organization, nation and planet. Practical experiments and demonstrations of dowsing will be applied to health and growth...and what is best to do with your life.

Workshop # 10

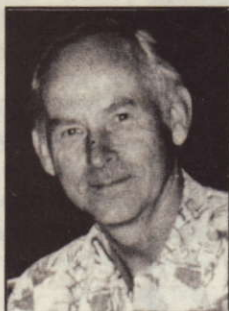
Leylines, Powerspots & Earth Devas

We will briefly meet indoors then make the grounds our classroom. Leylines are the meridians and powerspots are the acupressure points. Together they infuse the earth with energy, especially if humans are aware of the local devas and ask for their assistance. Learn to use dowsing rods and intuition to enhance the energy of the area.

Workshop # 11

How Do I Find My Way

With so many healers and healing techniques inviting us to seek help how do we find what we need for ourself? Where do we need to look for the answers? What feels right and also is right in our search for optimum health? Can our soul ever step off the right path? A physician in transition will facilitate the inquiry about the health-disease spectrum. Meditation and relationship exercises may be included to catalyse the inner turmoil.



Chris Mundel

Kamloops • Phone 250-579-9926

As a veteran physician of thirty years, a father of four, newly in love with my companion of thirty years, I am inviting myself to step out of the projected role of 'know it all' in order to join the enquiry into Life. I was the 'womb-to-tomb' Doc, or as Monty Python would put it, the 'sperm-to-worm' curmudgeon. And now?

Workshop # 12

The Evolution of Intimacy

Intimacy presents us with a living paradox. Moments of true intimacy are spontaneous, we cannot plan them, yet without nurturing and disciplined commitment to caring about one another, intimacy withers. How do we explore this paradox? This workshop invites participants to notice and relax unnecessary illusions that prevent them from allowing Life Force flow in their lives and relationships.



Lynne Gordon-Mündel

Kamloops • Phone: 250-579-9926

For twenty years Lynne has opened her home and her heart to people willing to relax the illusions that separate us from one another. She helps participants recognize and center in the powerful energies that are set free when we open to Life Force. Lynne works with sound, movement, ritual, resonance, dreams, practical shamanism and in Sacred Circle. She is the

author of three books. Shamanchild, her newest, is available at our store

Workshop # 13

Handmade All Natural Soap

What could be better for body and soul than a long soak in a warm bath with some beautifully scented, skin-loving, handmade soap. We will make some using all vegetable oils, organic herbs, grains, spices and pure essential oils. Everyone will take home a few bars of personally scented soap. If this class interests you please pre-register at the time of registration or at the Festival Store on Friday and pay a fee of \$10 for materials. Class size is limited to 25 people. If the class is not full, we will continue to take registrations on Saturday morning.



Kristine Faulds

Kamloops • Phone: 250-376-4554

With the desire to know how everything works, a love of all things natural and a strong science background, I started looking at the products in and around my home and had two realizations. The first was that if I knew the ingredients in a product I could probably make it myself. The second was that if I didn't know the ingredients I probably shouldn't be using the product. These beliefs started my interest in making my own all natural herbal products and led me to form my own company, The ECO Company, which creates handmade herbal products and offers workshops to show others how they can too.

Workshop # 14

Bio-Magnetic Touch Healing

An introductory workshop to BMTH, a simple hands-on healing method that uses the index and middle fingers of each hand to lightly touch specific points on the body. The combination of correct points and light touch subtly activates the body's inherent healing ability. Simplicity and effectiveness are keynotes.



Meredith Murphy

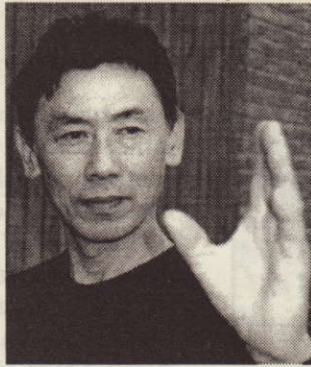
Osoyoos • Phone: 250-495-3905

While living in Tuscon, Arizona for four years, I participated in the International Foundation of Bio-Magnetics Center Classes. After completing the instructor program, I volunteered there for over two years, returning to B.C. this spring (my home town is Kelowna). I am the only authorized BMTH instructor in Canada.

Harold Hajime Naka

Kelowna •
Phone: 250-762-5982

Harold Hajime Naka is an urban Taoist rebel, dancing dragon, movement artist, confused thinker, unenlightened philosopher, a deadly martial artist (ha, ha), no age person (all my lies aren't true). Harold has been teaching Qigong-Taijiquan and messing peoples minds since 1983...and loving it. He is still off-centred in the Tao.



Workshop # 15

Tao of Balance - Joy of Movement

This workshop will introduce you to the healing energy of Qigong-Taijiquan. Learn how to bring balance into your life and experience a more graceful, centred, relaxed way of moving, unifying body, mind and spirit. We will dance the five elements and become one with the Tao.

Workshop # 16

Dancing With the Spirit

Experience the magic of moving effortlessly and spontaneously through gravity. Get out of your cultural straitjacket and let the spirit soar. Join Harold's radical Taiji-Qigong movement and you too can be a dancing dragon Chi-fully playing, off-centred on the yin yang cosmic balloon.

Jude Dawson

Salmon Arm •
Phone: 250-804-0104

Jude is a Classical Homeopath. She trained in England at the British School of Homeopathy and now runs the Shuswap Homeopathy Clinic in Salmon Arm. She has been involved in Homeopathy for ten years.



Workshop # 17

Homeopathy for Use in the Home

This workshop will provide you with a clear understanding of the basic principles of Homeopathy allowing you to begin applying Homeopathy to help yourself and others. Everyone will learn how to prescribe remedies for common everyday injuries and problems.

Workshop # 18

Homeopathic Medicine for Depression, Anxiety & Emotional Problems

Homeopathic treatment of mental and emotional disorders characteristically results in an increase in vitality, self-perception, self-knowledge and feelings of well-being. This workshop will explain how Homeopathy is exquisitely gentle yet incredibly powerful and effective.

Jon-Lee Kootnekoff

Penticton • Phone:
1-888-493-7307

Jon-Lee is a teacher, counsellor, coach, Olympic athlete, parent, self-esteem and self-image builder, author, film maker, seminar and workshop facilitator, writer, educational humorist, metaphorical story teller, radio and television personality, futurist, paradigm shifter and successful entrepreneur. His seminars, style and delivery have been described as; "Refreshingly unorthodox, undeniably uplifting, unstuffy and uncanny, a breath of fresh ideas."



Workshop # 19

Creating Humour & Laughter, Bringing Soul in the Workplace

People in business, education, sports and politics worldwide are asking questions of deeper meaning, how to manage change and find ways to enrich their lives. Humour, laughter, respect, reverence, truth, character, authenticity, teamwork and integrity are certainly on the list of essential elements necessary to rekindle life and meaning in today's unpredictable world of work. Join us and learn ways to create 'win-win' work environments and have FUN!

Workshop # 20

Relax, Focus, Imagine Clearly, Stretch and Feel Incredibly Alive & Well

People are seeking the infusion of new energy, heart and spirit for raising their effectiveness and productivity, creating improved working environments. Discover ways to 'endpoint visualize' via relaxation, focusing, seeing/imaging with clarity and feeling healthy and happy!

Workshop # 21

Integrative Healing & Empowerment

Components of this Workshop:

1. Energizing Meditation - connecting to/bringing in earth and universal energy while detaching from non-supporting energy.
2. Healing Meditation - scanning the body and going on a creative healing journey.
3. Connecting with Spirit through Shamanic Journeying & Drumming to connect with your power animal.
4. Dancing your Power Animal.
5. Closing with a Loving Kindness Meditation.



Holly Majestic

Cochrane • Phone: 403-932-0978

I am a multifaceted healer, facilitator, artist and writer. Through my life experiences (Shamanic Test) in senior management, teaching, near death experience and self healing from cancer, kidney disease and post traumatic stress disorder, I have acquired a wealth of tools and wisdom to share with others

Workshop # 22

Manifestation

Learn how to create your dreams, needs and wants to better your life; which in turn will better the lives of all.



Connie Brummet

Kelowna • Phone: 250-491-0642

Connie is an Ordained Minister with the Spiritual Healers and Earth Stewards. She has been studying Natural Emotional Healing for nine years. Connie owns and operates Aurora's Natural Health Centre in Kelowna where she practices what she teaches each and every day.

Workshop # 23

Crystal Bowl Healing Meditation

Crystal bowls are tuned to work with each chakra in the body. As they are played you will feel yourself letting go and will find yourself relaxing and allowing the vibration to work with you and heal you physically, spiritually, emotionally and mentally.



Christina Goddard

Peachland • Phone: 250-767-3373

Christina has been playing the crystal bowls for years and has seen many healings take place. She has been listening to spirit and given these messages to many in the last 15 years. She has chosen to allow herself to be a messenger of Spirit and at all times to speak the truth of what we need to hear to heal.

Workshop # 24

Promoting Yourself

You have taken lots of courses and now want to hang up your shingle but where do you start? Why does it take so long for the phones and cash register to ring? This class will help holistic health practitioners understand the realities of working for oneself and earning a living doing it. Promotional tools and practical advice from someone who has been watching the process unfold for many years.

Workshop # 25

Handwriting Analysis

Ever looked at your writing and wondered why you make letters a certain way? This quick intro into the basics will show you how the picture on the page or handwriting in general is interpreted. Then time for everyone to put their signature on the blackboard followed by a quick analysis of what it shows.



Angèle Rowe

Penticton •
Phone: 250-492-0987

Angèle is publisher of ISSUES and has been helping bodyworkers and health practitioners to promote their skills for more than 10 years. She coordinates both the Spring Festival of Awareness and the Wise Woman Weekend and is the founder of the Holistic Health Centre in Penticton. Her love of learning the many ways to help ourselves heal is deep in her veins and she loves to share these tools. She studied graphology ten years ago so that she could quit lifeguarding and be self-employed. She never made a living with it but uses it daily to understand how people are programmed, including herself.

The numbers indicate the location of the workshop on the map.

WEEKEND SCHEDULE

Saturday

Location	Sunrise Ceremonies				
	6:45 - 7:30 am	8:45 am - Noon	1:45 - 3:45 pm	4 - 5:30 pm	7:30 - 9 pm
1 Loft	Taron Inner Light Activation Meditation	# 33 Taron Puri The Dynamics of Desire	# 43 James Minckler Energy Balancing		# 37 - Taron, Maynard & Leanne Real-ationships and You
2 North Wing	Lynne Awakening the Body	# 08 Dienna Raye Sacred Intimacy	# 59 Shemmaho Dances of Universal Peace		# 14 Meredith Murphy Bio Magnetic Touch Healing
3 Sessions Room	Marie Tibetan Bowl Meditation	# 21 Holly Majestic Integrative Healing & Empowerment	# 26 Penelope Bonnett - Developing Rapport with Companion Animals using Tellington Touch & Flower Essences		# 17 Jude Dawson Homeopathy for use in the Home
4 South Wing front room		# 28 Marion Mazzocchi Flower Essences	# 34 Leanne Dalderis The Power of Our Gifts	# 35 Leanne Dalderis The Power of Appreciation	# 24 Angèle Rowe Promoting Yourself
5 South Wing back room	Urmi Osho Dynamic Meditation	# 38 Jollean MacFarlen Feng Shui & The Art of Colour	# 36 Maynard Dalderis The Heart of Unlearning		# 29 Corlyn Cierman Understanding Psychic Ability
6 South Wing downstairs		# 47 Jamie Rosanna Dorig The Functional Family	# 02 Margaret Carroll Energy Work		# 09 Henry Dorst Dowsing: Aligning our Choices
7 Lower Lounge	Christina Guided Visualization	# 13 Kristine Faulds Handmade All Natural Soap	# 53 Patrick Yesh Spiritual Growth Through Art		# 49 Norbert Maertens Healing the Male Within
8 Maple Court 1		# 27 Denise Hall Sacred Union	# 18 Jude Dawson Homeopathy for Emotional Problems	# 11 Chris Mundel How Do I Find My Way?	
9 Maple Court 2		# 45 Donna Draper Natural Stress Busting	# 30 Steven Harvey Discover Ayurveda		
10 Maple Court 3		# 10 Henry Dorst Leylines, Power Spots & The Earth Devas	# 22 Connie Brummet Manifestation		
11 Gym	Harold Tai Chi	# 31 Joan Casorso Inner Rhythms	# 19 Jon-Lee Kootnekoff Creating Humour & Laughter	# 15 Harold Naka Tao of Balance Joy of Movement	# 01 David Thiaw African Movement and Drumming
Other		# 51 Loro Tylor Reiki in the Reiki House	# 41 Rev. Orlea Rayne Walking Meditation, meet at the Labyrinth		Dance Extravaganza 9:30 -11 pm

APRIL 28, 29 & 30, 2000

The numbers indicate the location of the workshop on the map.

Sunday

Saturday Night Dance	<i>Sunrise Ceremonies</i>			Location	
	6:45 - 7:30 am	8:45 - 10:15 am	10:30 - Noon		1:45 - 3:45 pm
<p>with David Thiaw & Friends</p> <p>9:30 to 11 pm</p> <p>Afro-jazz that blends traditional African drums with bass and keyboard. Shake it up music!</p> <p>Unregistered participants are welcome. The cost is \$10 each</p> <p>Closing Circle: 4 - 4:30 pm Sunday</p> <p>Everyone Welcome</p> <p>A Beltane Celebration</p> <p>with Laurel and Shemmaho</p>	Lynne Awakening the Body	# 12 Lynne Mündel The Evolution of Intimacy		# 44 James Minckler Color Therapy & Chakras	Loft ¹
	Norbert Meditation	# 42 Laureen Rama Shamanic Care of the Soul		# 07 Dienna Raye Embracing the Body Beautiful (for Women)	North Wing ²
	Jon-Lee Doukabor Chi-Tavarish X-exercises	# 32 Crystal Mamas — Leslie & Marilyn Crystal Awareness Interactive		# 20 Jon-Lee Kootnekoff Relax, Focus, Imagine Clearly	Sessions Room ³
		# 11 Chris Mundell How Do I Find My Way?	# 50 Norbert Maertens The Nature of Our Universe	# 25 Angèle Rowe Handwriting Analysis	South Wing front room ⁴
	Urmi Five Tibetan Exercises	# 39 Joseph Ranallo Korean Hand Therapy		# 05 Urmi Sheldon Couples Massage	South Wing back room ⁵
		# 40 Rev. Orlea Rayne The Legend of One	# 55 Tyson Bartel Awakening the Mind	# 56 Tyson Bartel Awakening the Body	South Wing downstairs ⁶
	Christina Goddard Guided Visualization	# 57 Samarpan Masking		# 54 Patrick Yesh Meditation Art: Mandalas	Lower Lounge ⁷
		# 52 Janet Rowe Blood Analysis		# 46 Donna Draper Menopausal Years	Maple Court 1 ⁸
		# 58 Laurel Burnham May Rites for Woman		# 48 Jamie Rosanna Dorig Sexuality: Our Drive Towards Wholeness	Maple Court 2 ⁹
		# 03 Jon Scott & Margaret Carroll Sustaining Passionate Relationships: The Open Heart Path		# 04 Jon Scott Sustaining Passionate Relationships for MEN	Maple Court 3 ¹⁰
		# 06 Sue Peters Creating Space		# 16 Harold Naka Dancing With the Spirit	Gym ¹¹
	# 23 Christina Goddard Crystal Bowls in the Chapel			Other	

Penelope A. Bonnett

New Denver •
Phone: 250-358-2754

I am a Certified Companion Animal Tellington Touch Practitioner who works with all animals except horses and llamas. I am also a partner in Kootenay Flower Essences the purveyor of some wonderful, gentle healing energies from the Interior Rainforest region of B.C. I am also an Energy Medicine Practitioner trained in the use of Pacific Essences which are made in the Victoria area.



Workshop # 26

Developing Rapport with Companion Animals using Tellington TTouch and Flower Essences

The workshop will be presented in two parts. The first part focussing on learning the basics of Tellington TTouch and the second using flower essences in combination with TTouch. This combination provides an extremely valuable method of assisting animals to reach their potential. TTouch is respectful of the spirit of the animal and enhances the relationship between

an animal and the humans it shares a home with. The work can help change behaviour and improve health. Developed by Linda Tellington-Jones and in use around the world, the method is based on concepts found in Feldenkrais training. The series of gentle, circular movements work at the cellular level to release fear and tension and activate regenerative potential. Flower Essences are gentle yet subtle energies that are willingly accepted by animals to stimulate their own curative faculties. Choosing suitable essences and methods of administration will be covered along with some successful case histories.

Denise Hall

Burnaby • Phone: 604-524-4584

Denise has been a trainer/facilitator in the social services field for 20 years. She worked for Vancouver Community College, the Justice Institute, Family Life education programs and other non-profit organizations. Denise has developed professionally in many areas including trans-personal psychology and alternative healing practises such as Reiki and bodywork, intuitive counselling, meditation, art, story, myth and Native American Spirituality. Denise is a Registered Rehabilitation Professional and at present she is continuing her education at Simon Fraser University where she is finishing her Bachelor of Arts degree.



Workshop # 27

Sacred Union Inner Marriage, Celebration & Ceremony

Developing a life long intimate union with the self is a prerequisite to achieving a truly intimate relationship with a partner. Based on a personal journey through release work and writing vows, this workshop is designed to prepare participants to clear obstacles to true intimacy and perform their own inner marriage ritual. Participants will need a witness, a ring and if they like, a special outfit.

Marion Mazzocchi

Slocan Park • Phone: 250-359-7593

Marion discovered flower essences while studying homeopathy several years ago. She began using the Bach remedies on family and friends and now uses essences from all over the world in her expanding practise. She has travelled to California, Oregon and Findhorn, Scotland to learn about flower essences and loves to share her knowledge and experiences through classes and group meetings. Marion is one of three who make Kootenay Flower Essences, from local wildflowers and organically grown garden flowers.



Workshop # 28

Flower Essences: Healing Energy From Flowers

Flower Essences have a healing energy that works on emotional and spiritual levels to help change unhealthy patterns in our lives. For example, there are essences to increase our self-esteem, stimulate creativity and face our fears. Come and learn about the healing energy of flowers. Weather and flowers permitting, we will become acquainted with the local flowers and make a flower essence or two. We will also be covering basic kinesiology, use of a pendulum and other intuitive methods.

Workshop # 29
**Understanding
Your Psychic Abilities**

Learn what your psychic abilities are and how to develop them. Corlyn will explain what 'psychic' is, through history and facts, revealing the various levels that exist. A group meditation and opening prayer will lead to discussion of what each person received during the meditation. Corlyn will check auras and do some psychometry for each participant.



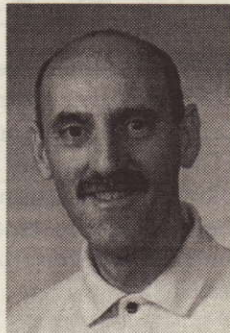
Corlyn Cierman

Naramata • Phone: 250-496-0055

Born in the sign of Virgo in 1941, Corlyn's career as an artist & psychic has taken her to Europe and many parts of North America. Her foundation as an international artist began at the Vancouver School of Art in 1963 and was completed at the renowned Manchester School of Art and Design in 1973. Corlyn's talent as a Psychic Reader took her into the area of Psychic Art, including Aurographs which enriched her ability as an accomplished artist. Her artistic works from paintings to batik scarves and fabrics are in private collections in Canada and the USA.

Workshop # 30
Discover Ayurveda

Join Steven and Pat Harvey for an inspirational afternoon of sharing the ancient wisdom and secrets of Ayurveda, Panchakarma and Ayurvedic Beauty Care. We will learn how to determine your mind/body type, how to reshape the aging process as well as how to live in harmony with the laws of nature.



Steven Harvey

Calgary • Phone: 403-270-0854

Trained at the Chopra Centre for Well-Being in Ayurvedic Beauty Therapies and Panchakarma. Steven Harvey is one of a rare new breed of holistic healers. He transcends the confines of his traditional massage training to incorporate the best from an astonishing array of healing arts and mind/body principles. He also works extensively from his deep intuitive knowledge and spiritual vision. He and his wife Pat, own The Ambient Massage & Perfect Health Ayurveda Day Spa in Calgary.

Workshop # 31
Inner Rhythms

Rhythm is the universal heartbeat that connects all world cultures, integrating the performing art of drum, dance and song with eastern/western-body/mind health disciplines. This workshop is a tapestry of rhythm-based activities, dance movement, live drumming, call and response songs and yoga and relaxation techniques.



Joan Casorso

Kelowna • Phone: 250-862-9724

Joan Casorso is an internationally acclaimed, certified instructor of Strong, Stretched & Centred and founder of the Inner Rhythms Movement. For the past 20 years this energetic woman has developed music, movement and health programs for coaches, athletes, school groups, parents, performing artists, corporations, health care professionals and their clients.

Workshop # 32
**Crystal Awareness
Interactive**

All life vibrates with the power of creation. Crystals and healing stones each carry their own resonance that quicken our life force, body, mind and spirit. Join Marilyn and Leslie for an interactive workshop. Come and explore the beauty and innate wonder of Mother Earth's healing tools.



Leslie
Stokes



Marilyn J.
Collins

Crystal Mamas

Langley • Phone: 604-882-3751

Marilyn J. Collins and Leslie Stokes are the Crystal Mamas. We have become fascinated with the beauty, wonder and metaphysical properties of the crystals. We are each on a healing and learning path and have undertaken this venture to share our knowledge and promote a new paradigm of healing and wellness. Together, and with our clients and friends, we look forward to an evolving expansion into light (wisdom, knowledge) love (the universal flow of creation) and truth (the awareness of ourselves as multidimensional beings).

Taron Puri

Calgary • Phone: 403-278-8358

Taron opted out of a career in law to follow his path as a healer/teacher. He brings a joyful, well-grounded approach to self-healing through Energy Awareness, a process of self discovery leading to integration of body, mind and spirit. Taron brings the energy of ease to his work. He offers his services in private sessions, retreats and ongoing classes in Energy Awareness.



Workshop # 33

The Dynamics of Desire

Do you consider yourself to be an explorer? Have you ever wondered what motivates or inspires you in life? Have you ever wondered if 'peace' is attainable within our being or if it is just a fantasy or illusion? What place do your desires play in all of this? These and many more questions will form the basis for a lively session in which we will discuss, debate as well as meditate on the role of Desire and its place in our lives. Come prepared to look within.

Leanne Dalderis

Calgary •
Phone: 403-282-9395

Leanne Dalderis helps people find the gift in every situation by inviting the expression of their inner truth. With the help of the "Guides," she expresses with simplicity and clarity, insights leading to healing solutions. She shares her guided insights through sessions, meetings and seminars. Leanne is co-author of the inspirational books: *Do you have a Moment?*, *Where is Your Worth?*, *Askceptance* and the *Guide Lightcard series*.



Workshop # 34

The Power of our Gifts

The gifts of spirit are very powerful. When we are connected to our inner gifts, we are awakened to what we really have to give to those we love and the world. Using the group energy, the Gift Cards and her own insightful guidance, Leanne will explore and give insights into all aspects of our giftedness. Let us be awakened to remember who we are and the purpose we are here to realize.

Workshop # 35

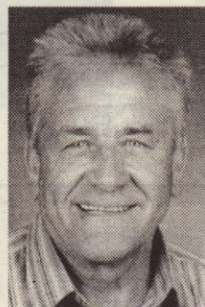
The Power of Appreciation

We often find it difficult to appreciate ourselves and what we have to offer. Are you really appreciated? Do you fully appreciate your life? We forget what a powerful tool appreciation can be. The more we appreciate ourselves and those in our lives, the more our lives appreciate in value. Using the group energy, the Appreciation Cards and her own insightful guidance, Leanne will explore how our lives can be more appreciative and appreciated.

Maynard Dalderis

Calgary • Phone: 403-282-9395

Maynard has conducted wholistic seminars internationally since 1979. He has an extensive background in Vitaflex, Colour Therapy, E-Therapy, Rebirthing, the 12 Step Program, A Course in Miracles and has designed *The Well-spring Release*. Maynard shows an uncanny ability to 'tune-in' to holding patterns and facilitate their release. With his wife Leanne and *The Guides*, Maynard has co-authored three Canadian best-sellers.



Workshop # 36

The Heart of Unlearning

Freedom is freedom from control, limitations, conditions and beliefs. Well-being is at the heart of unlearning. The release (or healing) can bring fun and joy!

Workshop # 37

Real-ationships & You ...with Taron, Leanne & Maynard

Do you have relationship issues? If so, join us for insights into the many facets of relationships. Come explore how to relate to yourself, others and your source. As a group we will explore this topic in light of how 'real' your relationships are and where there can be healing in them. We may use meditation, movement and energetic processes to further explore these dynamics.



Workshop #38

Feng Shui & The Art of Colour

When the going gets rough, we have to look for innovative and creative ways to achieve our goals and alleviate our frustrations and worries. Feng Shui is an ancient Chinese tradition recognized for its capacity to restore and enhance energy, balance and good luck. Learn how to implement this Chinese art to harness positive energy and enhance the possibilities for prosperity and good fortune in your life. It's time to free yourself from physical, spiritual, emotional and mental clutter. By adjusting your home or office through the use of colour and the correct placement of furniture, plants, decorative items, and artwork, you can improve your health, happiness, wealth and personal relationships.



Jollean McFarlen

Kelowna • Phone: 250-860-9087

Jollean McFarlen is a Feng Shui consultant, a registered Colour Therapist, a successful entrepreneur and a recognised motivational speaker. She is the author of three books; *The Power of Colour & Humour for Health* (a bestseller), *Wealth & Wisdom* and *Practical Feng Shui & The Art of Colour*. She has also recorded, *The Power of Colour 1 & 2, audio tapes*. Jollean was chosen one of Canada's Trendsetters for the 21st Century.

Workshop #39

Korean Hand Therapy

Korean Hand Therapy is a recent healing practice based on an acupuncture micro system developed by South Korea's Dr. Tae-Woo Yoo. With a brief introduction, people can be taught to promote and maintain their own health and energy balance using simple, inexpensive, noninvasive, safe techniques. Workshop participants will be shown how the application of finger pressure, heat and metallic pellets to specific hand points can bring immediate, amazing results. There will be something new for past participants. They will learn some easy to apply diagnostic techniques to pinpoint their own energy imbalances. *If possible, please bring four finger rings; two of white metal (silver, aluminium, steel, etc.) and two made of coloured metals (gold, copper, brass, etc.)*



Joseph Ranallo

Rossland •

Phone: 250-362-7763

Joseph Ranallo, BA. (Hon.), MA. has been a teacher and administrator at all levels of education, elementary to university. He is a published poet and author with long-standing interest in complementary and alternative healing arts. He has studied reflexology, massage, polarity, acupressure, Touch for Health, Pranic Healing and Acupuncture. Currently, he manages a part-time acupuncture practice in Rossland, BC.

Workshop # 40

The Legend of the One

Throughout the ages there have been many stories and myths of the beginning of Man. Now, in the year 2000, there is a new myth for the new millennium. It helps us to realize just how special we all really are. Sons of God.



Rev. Orlea Rayne

Vancouver • Phone: 604-899-0410

Orlea was a successful professional in Education when she had a stroke that changed her life. Orlea's life is a miraculous story of how powerful divine intervention can be in getting us on our true path. She started painting sacred mandalas after a near-death experience during which she was given sacred codes, symbols and colours that change the cellular memory of the viewer. Angels, guides,

Workshop # 41

Walk the Labyrinth

A walking meditation to heal the body/mind/soul. Singing, chanting and healing help to bring you into the moment of the journey.

transcended artists and ascended masters assist Orlea with her art. Because a stroke damaged her spatial imagery, she had to learn to paint with her heart and hands and listen to the inner guidance. Today Orlea's mandalas are all over the world. Seers, spiritual healers, persons working on ascension and conscious growth of truth own her paintings. She specializes in commissions — painting personal mandalas for clients with the help of their angels and guides.

Laureen Rama

Edmonton •
Phone: 780-439-7219

Laureen Rama's shamanic gifts are strengthened by extensive training in archetypal psychology and core shamanism—a modern synthesis of the essence of shamanic practice from around the world.

Laureen has a private shamanic healing practice in Edmonton and Calgary; regularly leads shamanic healing training courses and vision quest retreats and has over 15 years of experience leading workshops.



Workshop # 42

Shamanic Care of the Soul

Sometimes we feel an emptiness... something missing, that we aren't the same person we used to be. We may have suffered a soul loss. A shaman can perform a soul retrieval to return lost parts of our soul to us. In this session, participants will learn about the notion of soul from a shamanic perspective and how souls are healed through the practice of soul retrieval. Participants will also identify areas in which they may have soul loss, learn how to call their own souls home, and learn to prevent soul wounding of themselves or others. If appropriate, Laureen will perform a soul retrieval for a willing participant, with the group forming a healing circle to support the return of the client's soul.

James Minckler

Missoula • Phone: 406-549-4373

James is author of two books on *Energy Balancing: "A Body Owner's Maintenance Manual"* and *"Advanced Techniques"*. His program is a synthesis of philosophies gathered from many sources, integrating ancient healing methods into an easy hands-on system to help you walk in balance. He meets with groups throughout North America & Europe.



Workshop # 43

Energy Balancing

Ancient prophecies and teachings have indicated the close of the 20th century as a time of great change and transformation. Prepare for this new consciousness by learning easy, hands-on healing techniques to help balance your body for the coming vibrational changes. The focus will be on energy, coordination, digestion and elimination. You are invited to join the circle for an educational and entertaining adventure in awareness.

Workshop # 44

Colour Therapy & Chakras

Energy balancing for the spiritual body. Learn to test your aura and how to use colour to rebalance your energy field.

Donna Draper

Castlegar •
Phone: 250-365-8226

Donna is a Home Economist, Herbalist, lover of essential oils, essences and plants who teaches through Selkirk College and WSU extension in Kootenay Boundary Country. Her workshops are information packed, laughter filled gatherings designed to present new tools and ancient ways to meet life's challenges with growth and joy.



Workshop # 45

Natural Stress Busting for Women

In this workshop we look at women and the common stresses in our lives from an energetic point of view. We work through 12 ways women can effectively ease stress from their energetic systems and meet plants, essences, essential oils, books and tapes to facilitate our journey to more peaceful and purposeful living. This is a fun workshop, enriched with laughter, tales of lessons learned and the foibles of living with your heart leading.

Workshop # 46

Menopausal Years...the Wise Woman Way

Are you wondering what your list addicted mind will be like in 20 years, worrying if your bones are strong, flashing warmly at 2:00 am and wishing the mirror would stop distorting your sensuous curves into bulges?! Join us to explore attitudes and meet some herbs, foods, essential oils and essences that will ease your journey into the wise woman years. We will sip tea, sample crone candy and share tips for promoting bone density, deep sleep, good memory and a marvellous sense of humour and connection with the Great Mother!

Workshop #47

The Functional Family

The members of our family reflect back to us the identity we long to break free of. Our ability to acknowledge family members in all their absurdities, shortcomings and ineptness establishes our humanness and vulnerability. Family functions in challenging us beyond our psychological boundaries and in providing a container for the regressive needs of the soul. This mini-workshop explores the personal identity which we receive from family and challenges the contemporary concept of family as 'dysfunctional'. In spite of our attempts to find familiar bonds away from family, its presence remains stronger than ever in our unconscious.



Jamie Rosanna Dorig

Kelowna • Phone: 250-717-1584

Jamie has 20 years experience offering therapeutic counselling and facilitating lectures and workshops on issues of health and inner healing. The inspiration for Jamie's work is rooted in the teachings of Swiss psychologist Carl Gustav Jung. Her passion and commitment to this work calls for the acknowledgement and honouring of the inner world of the unconscious and a focused connection between emotion and body. Her deep respect for the value of our individual wounding encourages the process of inner healing. Jamie has received extensive training on conflict resolution, mediation and negotiation with the BC Justice Institute. She also trained in therapeutic kinesiology and incorporates massage therapy, Chinese acupressure and reflexology in her practice to promote physical and emotional stress release. Jamie has two daughters and two granddaughters and lives with her husband John in Kelowna.

Workshop #48

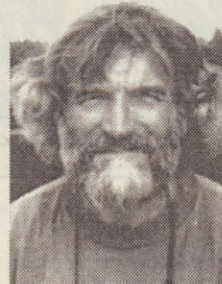
Sexuality-Our Drive Towards Wholeness

Often sexuality is regarded as something we do rather than as an expression of who we are. Sexuality is a living process which gives us our ability for intimacy. It is an integral part of who we are, a link between our bodies and our souls. Sexuality and soul both share a common purpose, a drive towards wholeness. This workshop presentation addresses issues of sexual wounding, and tools will be suggested to reconcile the split between the instinctual and spiritual aspects of our sexuality.

Workshop #49

Healing the Male Within for Men

A wholistic approach to our physical, emotional and spiritual bodies, helping to recognize and empower our maleness and use our male qualities in a constructive way in the present state of our society and planet.



Norbert Maertens

Vernon •

Phone: 250-549-2723

I am a writer, educator, craftsman and rebel helping to raise environmental awareness. I give workshops on male issues, natural lifestyle and ecological awareness in relationship to our present economic trends.

Workshop #50

The Nature of Our Universe

A presentation to raise our awareness of the natural world from which we live exceedingly divorced, helping to make sense of our lives and to find our place during this stage of evolution on Earth.

Workshop #51

Introduction to Reiki

Reiki is a system using Universal life energy in the form of gentle hands-on-healing. A Reiki treatment addresses body, mind and spirit in a peaceful loving way. The use of this Divine energy accelerates the body's own ability to heal physical ailments and opens the mind and spirit to the causes of disease, stress, unwellness and pain. Reiki embraces all religions and spiritual belief systems and complements all other health programs. *The intro starts at 8:45 and after the tea break at 10:30 there will be time to receive and give energy.*



Loro Tylor

Naramata •

Phone: 250-496-0083

Loro has been a full time practising Reiki Master/Teacher and spiritual healer for over seven years. She recently moved from Vancouver to Naramata. Loro is clairvoyant and clairsentient and is a medical intuitive.

She is trained in Shiatsu, Therapeutic Touch, and Aromatherapy. She is the creator of 'Spiritual Fitness' a unique class designed to develop inner awareness.

Janet Rowe

Calgary • Phone: 403-212-6077

Janet left a successful 20 year career in the oil patch as a marketing executive in order to heal herself. Upon learning through blood analysis, that she had lymphatic cancer, she embarked on a healing and educational journey and ultimately, cured herself of this disease! Since then, she has earned a double certification in blood analysis, a certificate in Iridology and has integrated her vast knowledge of aromatherapy, nutrition, herbology and vitamin therapies to help countless numbers of clients back to wellness. She is the owner/operator of Health and Natural Lifestyles in Calgary.



Workshop # 52

Blood Analysis - Your Window on Health

What are blood anomalies? Do you know if you have them? Do they cause pain? Are you sick and tired of being sick and tired? Has your 'get up and go' gotten up and gone? Come join Janet who, with her powerful microscope, will lead you on a journey through your veins and arteries and show you how

your blood holds the picture of your health! She will demonstrate the benefits of blood analysis as a powerful tool in helping you regain perfect health, harmony and happiness in your life. A live analysis will be conducted during the workshop, along with a discussion of the role of vitamins, minerals, herbs and cleansing play in achieving a 'disease' free body, mind and spirit!

Patrick Yesh

Creston • Phone: 250-428-2882

Patrick Yesh is well known for his teaching capacity to help others to discover the artistic 'Language of Their Soul'. He is a Spiritual Portrait artist, an art teacher, and a practitioner of Yoga and eastern meditative arts. He holds a master's degree in Art Education and has lived and studied with many masters in the esoteric arts, including Native American artists and elders. His work is a tribute and thanks to their influence on his life, art and spiritual growth; they often appear in his personal works of art.



Workshop # 53

Spiritual Growth Through Art

Using simple art materials, we will explore the artistic voice of our souls, awaken the colour tones of our chakras and open our spiritual creative processes.

Workshop # 54

Meditation Art: Mandalas

Take part in deep meditation and art to give an artistic voice to your soul through collage and other mediums.

Tyson Bartel

Kamloops
Phone: 250-372-3814

Tyson is native to Kamloops and has travelled extensively to study Meditation, Yoga and Traditional Thai Massage in Thailand. Time spent with teachers in India inspired him to return to Canada and offer his insights to others. In 1994 he began providing Thai Massage, instructing Yoga, relaxation classes and facilitating workshops. He is currently training to be a Feldenkrais, practitioner and is authorized to teach Awareness Through Movement, classes.



Workshop # 55

Awakening Your Body

Your body has an innate ability to heal itself. A powerful way to awaken your inner healer is through movement. Moshé Feldenkrais developed hundreds of Awareness Through Movement lessons to enhance your brain's ability to communicate clearly with your body, releasing unnecessary tensions and restoring the easy, natural movement you experienced as a child. Come prepared to have fun exploring pleasurable movements with your body! *Wear layered clothing and bring a blanket.*

Workshop # 56

Awakening Your Brain

Your brain is the bio-computer through which all information about yourself is processed. Imagine functioning with more than 10% of your brain!! This 'play shop' will explore how Brain Exercises can open your human potential in creative and life-affirming ways. We will focus on how Brain Exercises can be used for self-healing and deepening meditation practice. *Wear layered clothing and bring a blanket.*

Workshop # 57

Masking

Join the fun making a plaster mask of your own face, then decorating and playing with the character who emerges. Meditation, dancing, singing and theatrics will be used to seek - find - meet - reveal who is waiting to be seen through the mask.



Samarpan Faasse

Kaleden • Phone: 250-497-5146

Samarpan is interested in expanding the limits of her expression and creativity. She would love to meet other *wild* people with similar interests.

Workshop # 58

May Rites for Women

At this time on the wheel of the year we are half way between the Spring Equinox and the Summer Solstice. This has been celebrated for thousands of years as the point of fertility. This is a celebration of flowers and of beauty. Let us honour our women's beauty, and our task of making love manifest on the physical plane. We will celebrate through walking meditation, ritual and the making of a May basket (the forgotten part of May Day). You are welcome to bring a basket, ribbon and any other materials you would like to share/use. Other materials will be provided. Come prepared to play.



Laurel Burnham

Penticton •
Phone: 250-492-7717

Laurel has been venturing to make love manifest for many years now. She has been a part of the Spring Festival since its inception and created the concept for the Wise Woman Weekend, its complement in the autumn. She loves ritual, spring, beauty and her own sweet womanself.

Workshop # 59

Singing & Dancing with the Goddess

The dances of Universal Peace that we will share during this workshop are ancient and contemporary expressions of the Divine Feminine. The sounds of sacred phrases spanning many centuries of spiritual devotion combine with simple movements to bring us closer to ourselves and each other in celebration and knowledge. Kuan Yin, Tara and Yemaya are some of the Goddesses we will explore.



Shemmaho

Winlaw • Phone: 250-355-2591

Shemmaho was certified as a dance leader in 1982, and is an apprentice mentor with Saadi Neil Douglas-Klotz. She brings her experiences as a teacher, musician, composer, mother and herbalist into her work; creating an environment where people experience themselves as embodied spirit. She also works with people who are afraid to sing, or perceive they cannot. Her warmth, humour and expertise create a safe environment in which to learn.

Sunrise Ceremonies

start at 6:45 Saturday and Sunday morning

... choose one of these 45 minute activities for a great beginning to your day...

You are welcome to enjoy the Chapel and Labyrinth all weekend. Impromptu events are announced at Columbia Hall

Christina Goddard offers a *Guided Visualization*, we will co-create with spirit and then silent time to listen as spirit speaks

Urmi Sheldon offers *Tibetan Exercises* a series of five movements that are simple to learn. If done consistently they will increase your chi and endurance. *Osho Dynamic* meditation is a **1 hour** active meditation designed to release emotional blocks and increase body energy. No food or drink before-hand.

Lynne Mündell offers *Movement Meditation* using music. As we honour the dreamtime we allow it to express itself through our movements gradually waking ourselves up. The dreams you have at night are remembered by the body even though you may not be aware of them.

Taron Puri offers *Inner Light Activation Meditation*, a gathering filled with movement, sound and light. Truly an experience which will put your energy-in-motion...Taron style.

Jon-Lee Kootnekoff offers *Doukabor Chi-Tavarish Exercises* based on the premise that 'motion creates opportunity' Jon-Lee and Katya will lead you to relaxation & wholistic fitness through movement, visualization and singing.

Norbert Maertens offers his style of *Meditation*.

Marie Paule-Wiley offers *Tibetan Bowl Meditation*. A self treatment to connect your chakras.

Harold Hajime Naka offers *Qigong-Taiji* a series of fluid movements leading you to your centre and harmony with the Tao.

Map of Naramata Centre

Finding Naramata

Entering Penticton from the South, pass the Airport and turn left at the traffic lights (just over the bridge) - onto Channel Parkway (hwy 97 N). Go through two traffic lights to a third traffic light at **Eckhardt Ave.**

Turn right, go through four traffic lights and one block to Haven Hill Rd. Turn left, go up hill one block to the 'Y'.

Turn right onto Johnson Road, go 3 long blocks. Turn left onto Upper Bench Road go approx. 1 km. Turn right onto McMillan Ave., go 1 long block, turn left onto Naramata Road.

From here it is approx. 11 km to Naramata.

Watch for the signs • It takes 15 to 20 minutes. The highway will swing left and curve down a hill into Naramata.

You will be on Robinson Avenue. Turn left on either 3rd or 4th Street for two blocks and you will be on Ellis St.

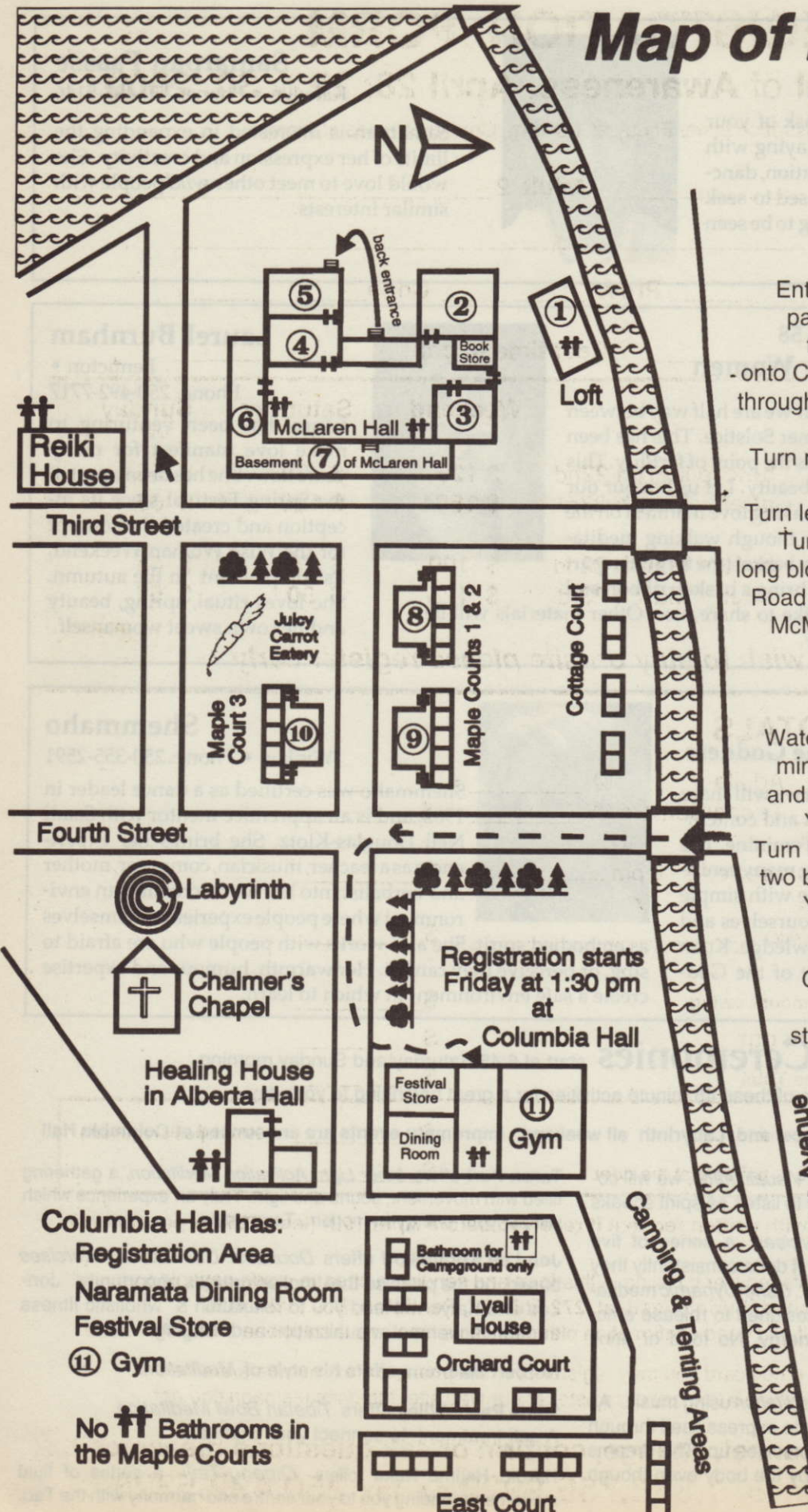
You are now at Naramata Centre.

Coming from the North

Cross the bridge, you are now on **Eckhardt Avenue**, stay on Eckhardt to Haven Hill Rd. Follow the above instructions.

McLaren Hall has:

- ② North Wing
- ③ Sessions Room
- ④ South Wing front
- ⑤ South Wing back
- ⑥ South Wing Lower
- ⑦ Lower Lounge



Camping & Tenting Areas

Robinson Avenue



From Penticton

Columbia Hall has:
 Registration Area
 Naramata Dining Room
 Festival Store

⑪ Gym

No ♪ Bathrooms in the Maple Courts

East Court

